

1-800-BETS OFF

IOWA GAMBLING TREATMENT PROGRAM TREATMENT/RSS ROUNDTABLE



September 4, 2015
11:00 AM – 2:30 PM

www.idph.state.ia.us/IGTP/Committee.aspx

Treatment/RSS Roundtable

- ⦿ WELCOME!!
 - Roundtable originates from the Lucas Building, Room 517/518
- ⦿ Overview of ZOOM
 - Interface



- Muting Audio/Video
- Microphone/Audio/Video icons
 - Headset is best if joining by computer and not using phone
- Settings
- Manage Participants
- Show Screen
- Chat
- Record


SBIRT – DG-PSS

- ◎ Screening, Brief Intervention, Referral To Treatment (SBIRT) Project
 - Alcohol/Drug Screening at selected FQHC's and the National Guard
 - 59,000+ Iowans screened to date
 - 2,800+ Brief Interventions
 - 766+ Brief Treatment
 - 959 Referral To Treatment

- ◎ National Guard Problem Gambling Pilot Project
 - Military rates of problem gambling
 - 18% for Males
 - 5% for Females
 - Note: General Iowa Problem Gambling Prevalence rate is around 2%*
 - Disordered Gambler – Pre-Screen and Screen
 - National Guard members who screen positive for Brief Treatment for Substance Abuse, will complete the DGPSS.

SBIRT – DG-PSS

17.25.2



Logout

User: Preuss, Eric, IAADC, CCS | Location: Iowa Dept. of Public Health, Test Facility 

Snapshot

Client: Gambling, CFR | 51412125555 | 1 

Home Page

Agency

Group List

Client List


- Client Profile
- Linked Consents
- Non-Episode Contact

Activity List


- Intake
- Screening
 - DSM Indicator
 - DG-SPS****
- Crisis and Placement
- Admission
- Program Enroll
- 30-day Follow-Up
- Discharge
- Notes
- Treatment
- Consent
- Referrals
- Payments
- Episode List

Disordered Gambling – SBIRT Pre-Screen and Screen









Administering Staff: **Preuss, Eric, IAADC, CCS** Created By: Updated By:


Assessment Date:  Created Date: Updated Date:

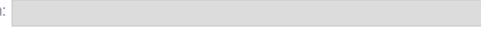
For the purpose of these questions, "gambling" means buying lottery tickets, gambling at a casino, playing cards or dice for money, betting on sports games, playing slot machines, video poker or other video gambling, gambling on the internet, betting on horses or dogs, playing bingo or keno.

During the past 12 months how many times have you gambled? 

In the Past 12 Months:

1. Have you ever felt restless, on edge or irritable when trying to stop or cut down on gambling? 
2. Have you had to ask other people for money to help deal with financial problems that had been caused by gambling? 
3. Have you tried to hide how much you have gambled from your family or friends? 
4. Have you tried to cut down or stop your gambling? 
5. Have you increased your bet or how much you would spend, in order to feel the same kind of excitement as before? 
6. Did you think about gambling even when you were not doing it? (Remembering past gambling experiences, or planning future gambling?) 
7. Did you go to gamble when you were feeling down, stressed, angry or bored? 
8. Did you ever try to win back the money that you had recently lost? 
9. Has your gambling caused problems in your relationships or with work? 

Score: 

Recommendation: 

Cancel

Save

Finish

Adapted from Illinois SBIRT from DSM5, BBGS (Gebauer, L., LaBrie, R. A., Shaffer, H. J. (2010). Optimizing DSM IV classification accuracy: a brief bio-social screen for detecting current gambling disorders among gamblers in the general household population. Canadian Journal of Psychiatry, 55(2), 82-90.), and Elizabeth Hartney, PhD.

September 4, 2015

4

Client Full SBIRT ID #:

Worker Initials:

Date:

Disordered Gambling-SBIRT Pre-screen and Screen*

For the purpose of these questions, "gambling" means buying lottery tickets, gambling at a casino, playing cards or dice for money, betting on sports games, playing slot machines, video poker or other video gambling, gambling on the internet, betting on horses or dogs, playing bingo or keno.

	During the past 12 months how many times have you gambled?	# of times ____
--	--	-----------------

If the answer is 5 or more, then proceed to the following questions:

DURING THE PAST 12 MONTHS:

1	Have you ever felt restless, on edge or irritable when trying to stop or cut down on gambling?	Yes	No
2	Have you had to ask other people for money to help deal with financial problems that had been caused by gambling?	Yes	No
3	Have you tried to hide how much you have gambled from your family or friends?	Yes	No
4	Have you tried to cut down or stop your gambling?	Yes	No
5	Have you increased your bet or how much you would spend, in order to feel the same kind of excitement as before?	Yes	No
6	Did you think about gambling even when you were not doing it? (Remembering past gambling experiences, or planning future gambling?)	Yes	No
7	Did you go to gamble when you were feeling down, stressed, angry or bored?	Yes	No
8	Did you ever try to win back the money that you had recently lost?	Yes	No
9	Has your gambling caused problems in your relationships or with work?	Yes	No

Total "Yes" Responses

NEEDS TO
AUTO
POPULATE a
number

Interventions:

- Pre Screener
 - 5 or more— move on to full screen
- Full Screen = # Yes
 - 1-3 = Screening and Feedback
 - 4-6 = Gambling Brief Intervention
 - 7 or more = Gambling Brief Intervention and Referral to Gambling Treatment

*Adapted by Iowa, based on the Illinois DG-SPS (Disordered Gambling-SBIRT Pre-Screen and Screen), DSM5, BBGS, and Elizabeth Hartney, Ph.D.

Lunch Discussion

Crisis Call Conversion and BETS OFF Q&A

The SFY 2015 Data:

1-800-BETS OFF	
	Referrals
ADDS	102
Pathways	46
Prelude	208
PGRS	12
CFR	16
HFS	45
JRC	36
CP	16
SASC	78
PR	17
Grand Total	576

Crisis Conversions	Crisis	PS	ADM	PS CONV	ADM CONV
ADDS	169	34	25	20.1%	14.8%
Community and Family Resources	7	3	3	42.9%	42.9%
Compass Pointe	7	4	4	57.1%	57.1%
Heartland Family Services	18	6	6	33.3%	33.3%
Jackson Recovery	16	0	0	0.0%	0.0%
Nebraska Council on Compulsive Gamb	1	0	0	0.0%	0.0%
Pathways Behavioral Services	55	14	14	25.5%	25.5%
Prelude Behavioral Services	116	9	7	7.8%	6.0%
Substance Abuse Services Center (SASC)	130	49	46	37.7%	35.4%
Grand Total	519	119	105	22.9%	20.2%
<i>Note: 498 Unduplicated Clients</i>					

Lunch Discussion

Crisis Call Conversion and BETS OFF Q&A

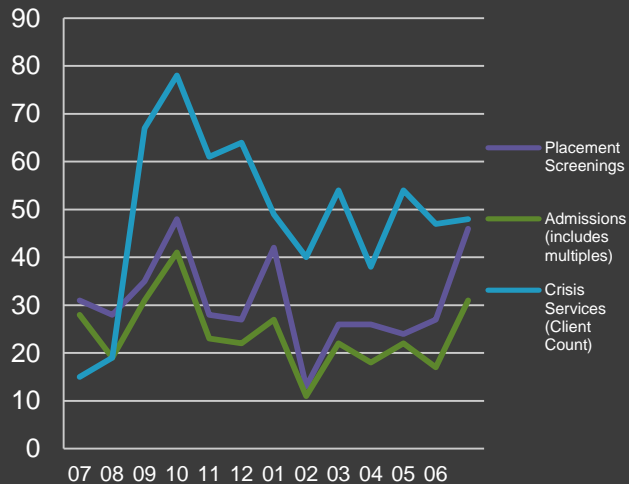
Number of Admissions by Month by Calendar Year
(January-August)

Client Agency Name	ADMISSIONS			
	2012	2013	2014	2015
Alcohol and Drug Dependency Services of SE Iowa	37	55	47	48
Community and Family Resources	14	5	5	6
Compass Pointe	6	7	8	5
Heartland Family Services	30	15	15	9
Jackson Recovery	54	32	22	11
Nebraska Council on Compulsive Gamb	2	1	3	2
Pathways Behavioral Services	33	32	30	21
Prairie Ridge	10	9	2	6
Prelude Behavioral Services	65	33	27	34
Substance Abuse Services Center (SASC)	58	43	28	36
Totals	309	232	187	178

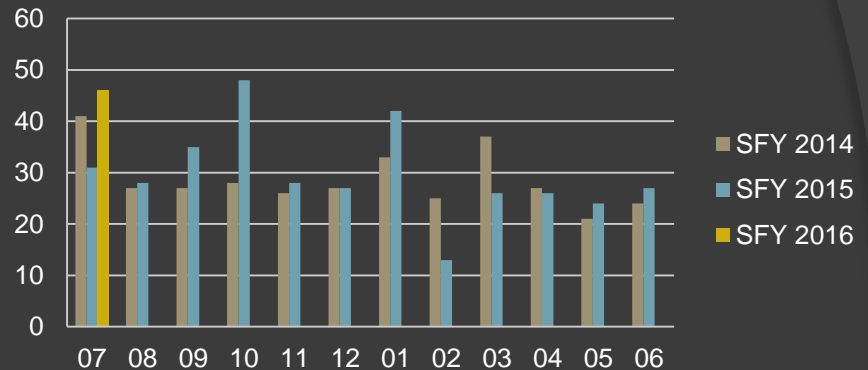
Lunch Discussion

Crisis Call Conversion and BETS OFF Q&A

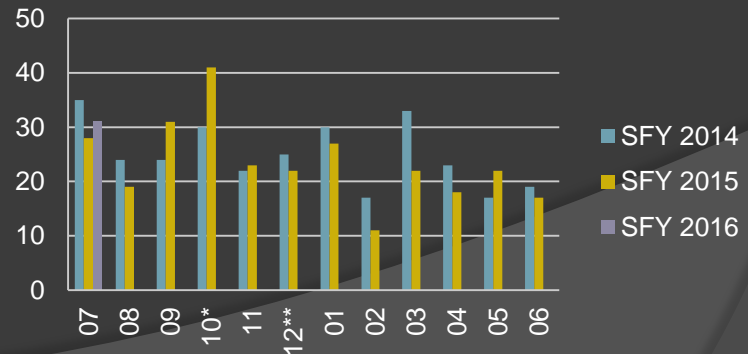
Crisis, PS, Admission Counts



Placement Screenings



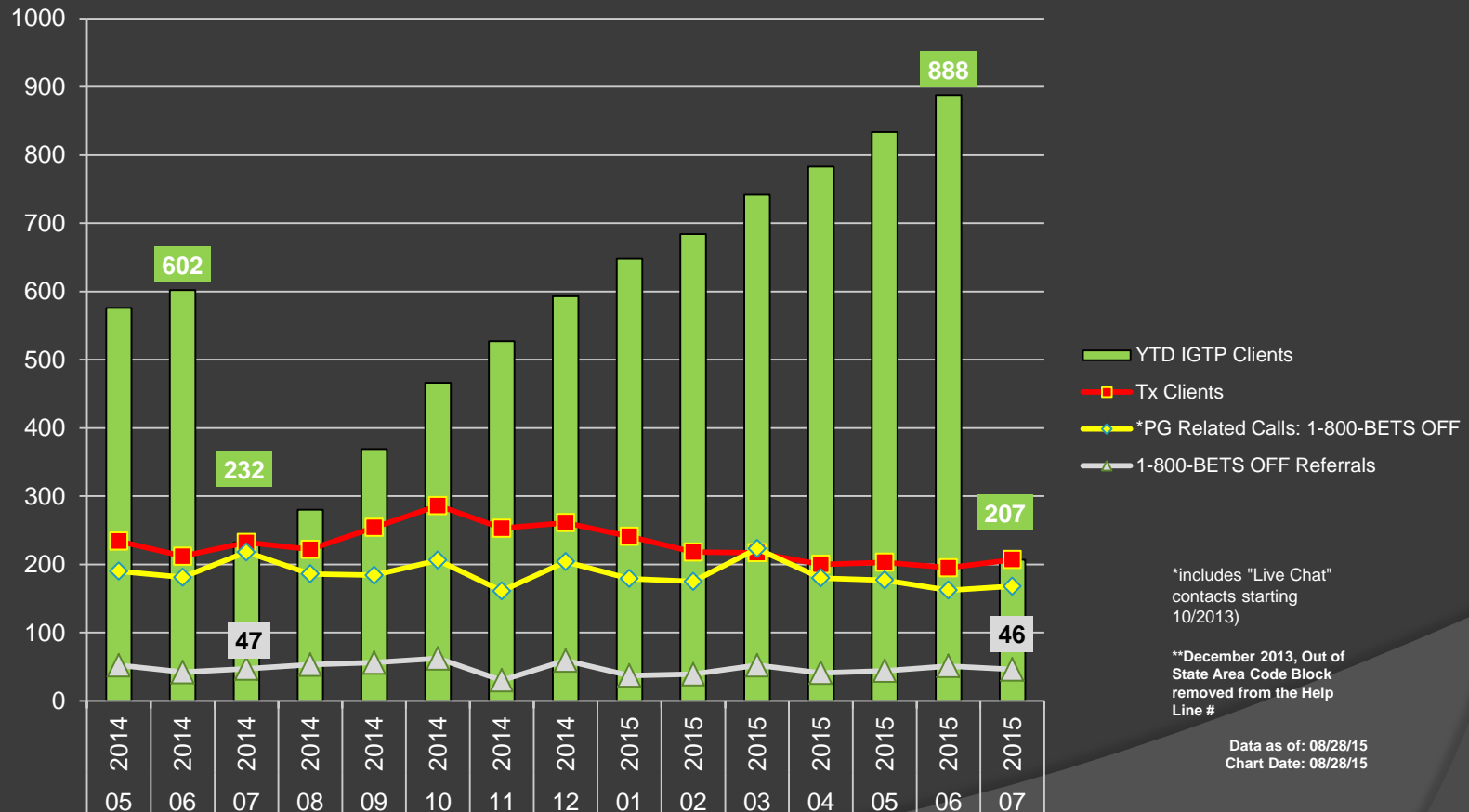
Admissions



Lunch Discussion

Crisis Call Conversion and BETS OFF Q&A

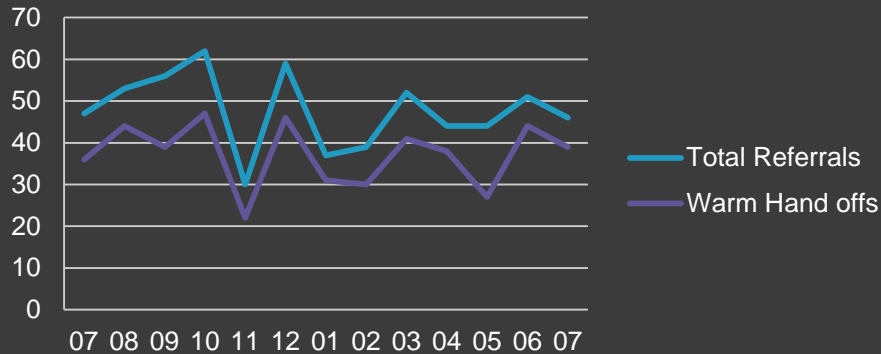
Iowa Problem Gambling Treatment Program
Tx Clients, Requests for Help, and Referrals



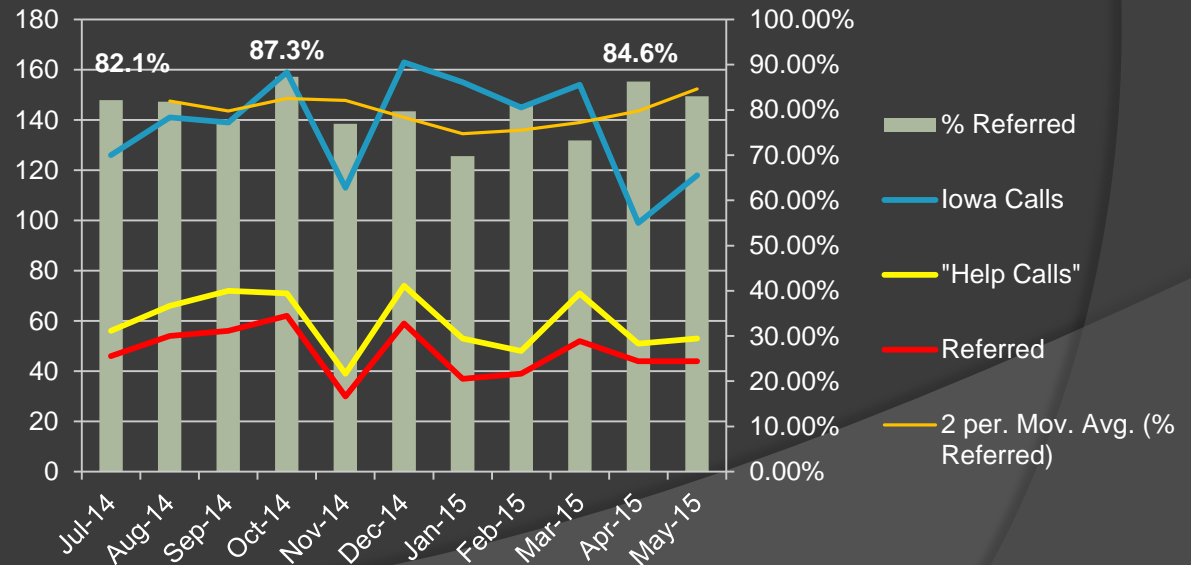
Lunch Discussion

Crisis Call Conversion and BETS OFF Q&A

1-800-BETS OFF Referrals



Iowa Calls and Referrals



Lunch Discussion

Crisis Call Conversion and BETS OFF Q&A

⦿ Crisis Conversion

- Discussion/Questions
- Who are our Crisis Calls?
- Case Management – NIATx Project?
 - Crisis Call Follow-up?
 - Crisis Call “Plans”
 - Agency Policy/Procedure

⦿ BETS OFF Questions?

IOWA GAMBLING TREATMENT OUTCOME *MAKING THE DATA USEFUL*

**Ki Park, Ph.D. & Mary Losch, PhD; UNI-CSBR
Eric Preuss, MA, IAADC, CCS, LICDC; IDPH**

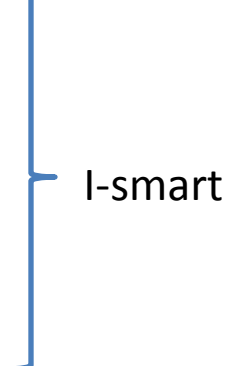


Center for Social and
Behavioral Research



Objectives

- Understand the key factors related to 2013-2014 treatment outcome.

1. Outcome:
 - Completion of treatment
 - Length of the services
 2. Factors related
 - Wait days
 - Encounters
- 
- I-smart

-
1. Satisfaction of treatment
 2. Problem gambling assessment
- 
- 6 months after discharge follow up

Data sets

- I-smart
 - Intake (all)
 - Admission (all)
 - Encounters or services (all)
 - Discharge (completed treatment)
- 6-months follow up (a subsample of those who consented at admission: complete & incomplete treatment)

The flowchart illustrates the study process and patient flow. It begins with 'Admission' (n = 578) in a green box, followed by 'Service' (n = 578) in a grey box. From the 'Service' box, the flow splits into two paths: 'Discharge' (n = 425) in an orange box and 'Service' (n = 147) in a grey box. The 'Discharge' and 'Service' boxes are grouped under 'Treatment Completed' (n = 129). The 'Service' (n = 147) box is also grouped under 'Continue in the System'. Both paths lead to '6-months Follow up' (n = 141) in a blue box. A '30 days follow up' box is also shown. A large blue arrow labeled 'Process' points from left to right, with a red arrow pointing up to the 'Service' box.

```
graph LR; Admission[Admission  
n = 578] --> Service1[Service  
n = 578]; Service1 --> Discharge[Discharge  
n = 425]; Service1 --> Service2[Service  
n = 147]; Discharge --> FollowUp6[6-months Follow up  
n = 141]; Service2 --> FollowUp6; FollowUp6 --> FollowUp30[30 days follow up];
```

Admission
 $n = 578$

Service
 $n = 578$

Discharge
 $n = 425$

Service
 $n = 147$

Treatment Completed
 $n = 129$

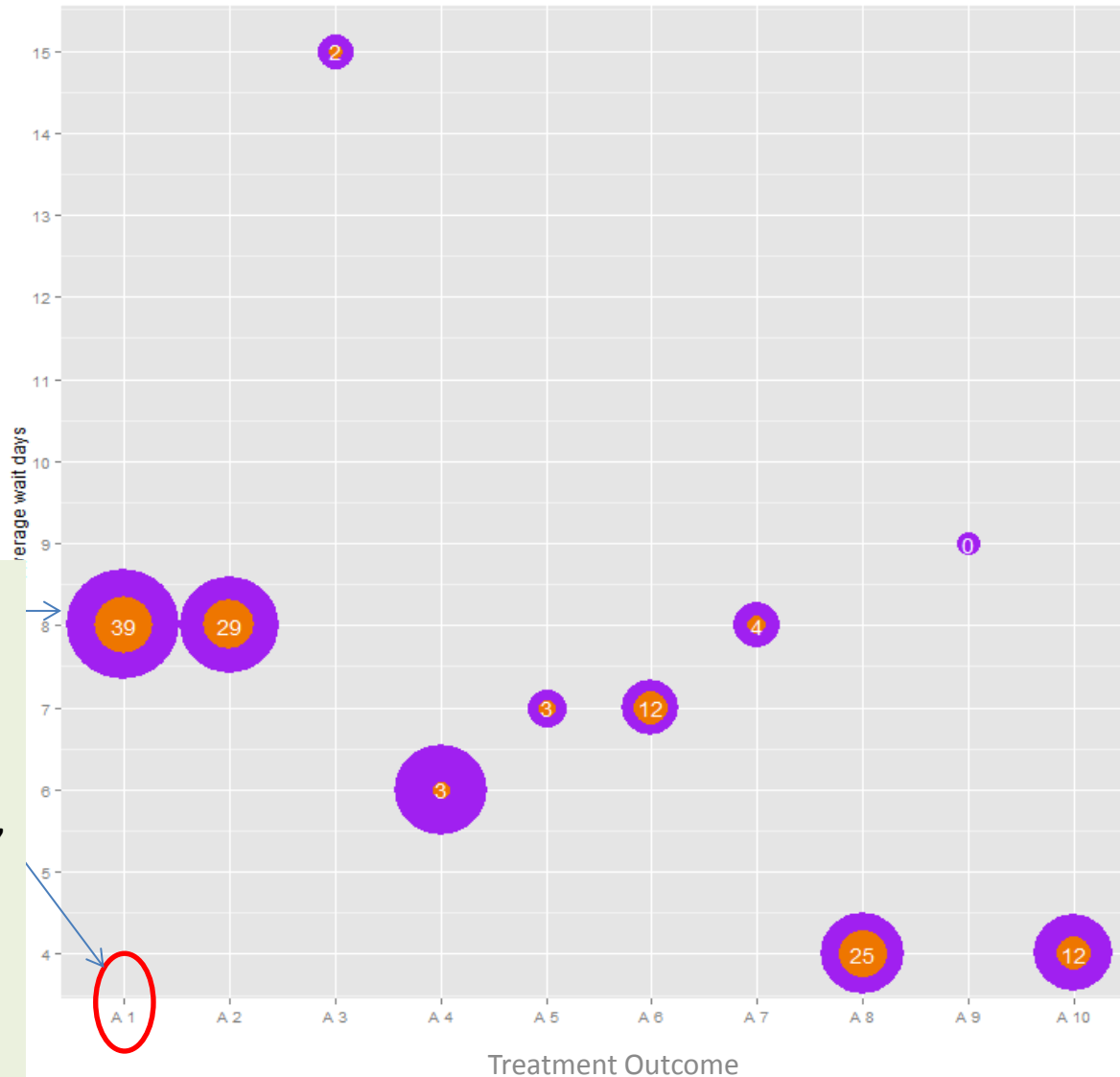
Continue in the System

6-months Follow up
 $n = 141$

30 days follow up

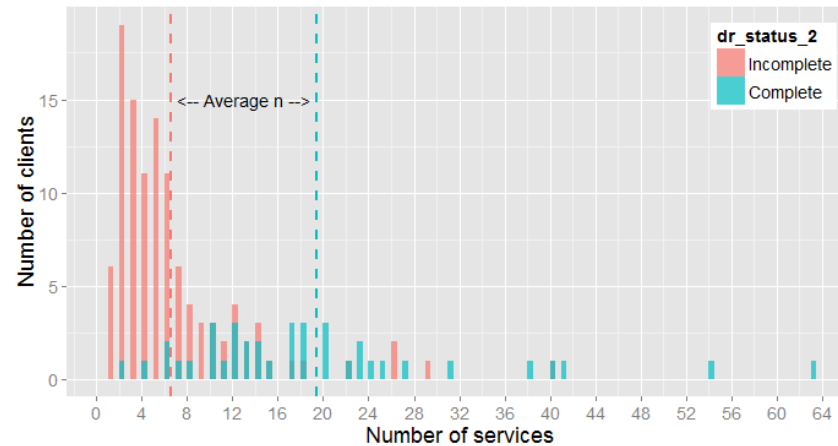
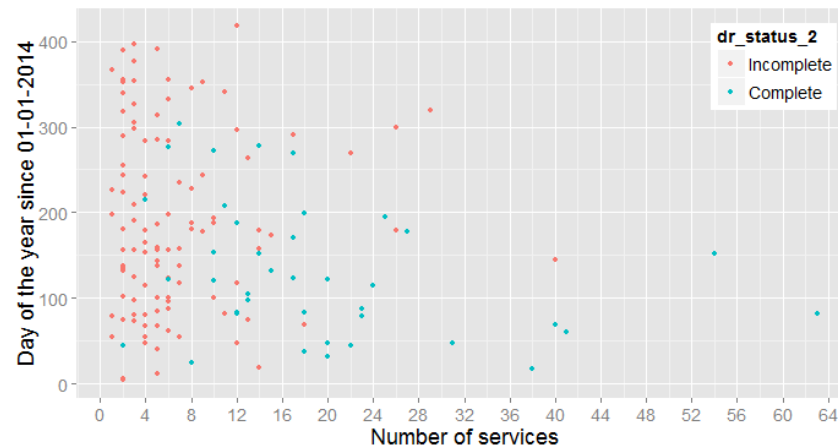
Process

Average wait days by agency in 2013-14



Agency 1
admitted 140
clients with
an average
wait days of 8,
and 39 of
them
completed
treatment

Number of Services and Discharge Status



Factors Related to Outcome

Factors

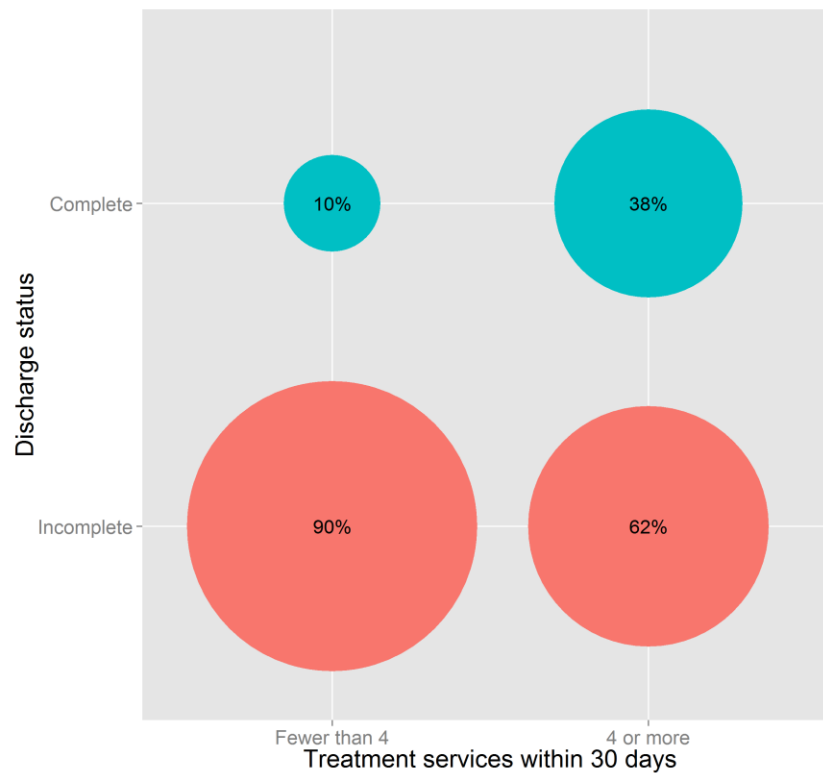
- ★ Treatment services within 4 weeks
- ★ E-therapy
- ★ RSS

Outcome

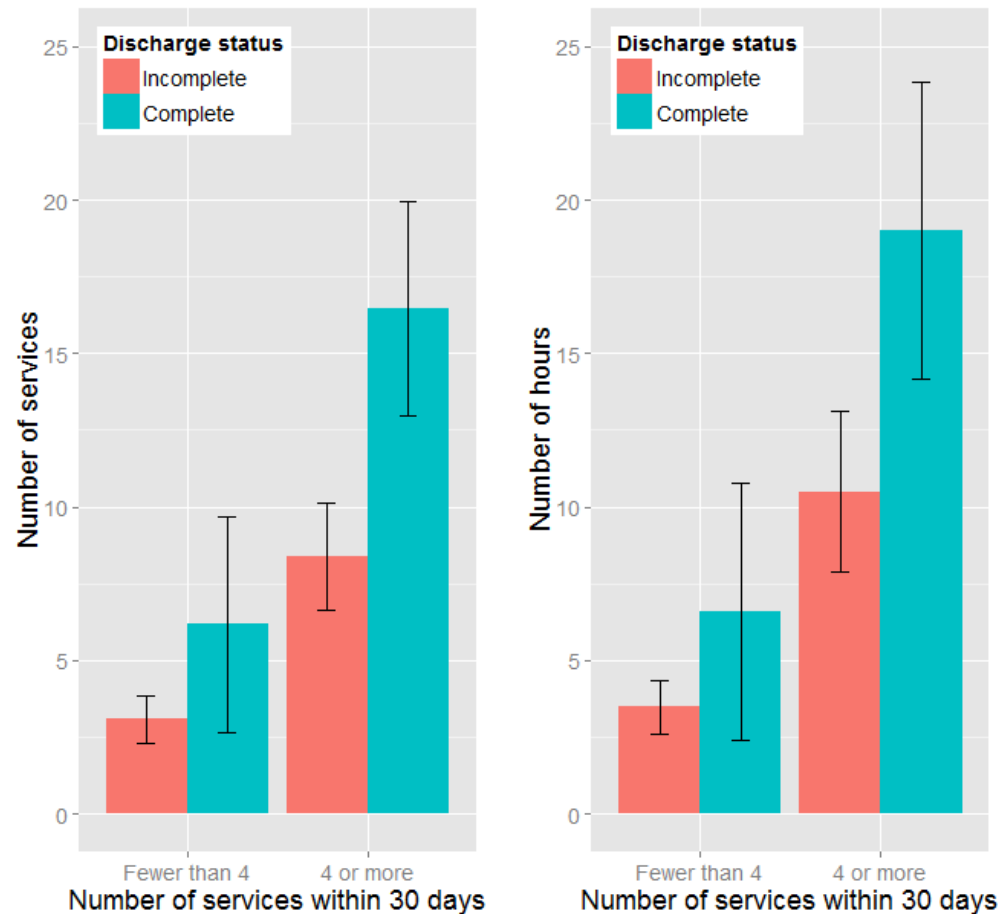
- ★ Length of the services (ALL)
- ★ Discharge status (ALL, but about 1/3 with information)

Factors Related to Outcome

★ Treatment services within 4 weeks

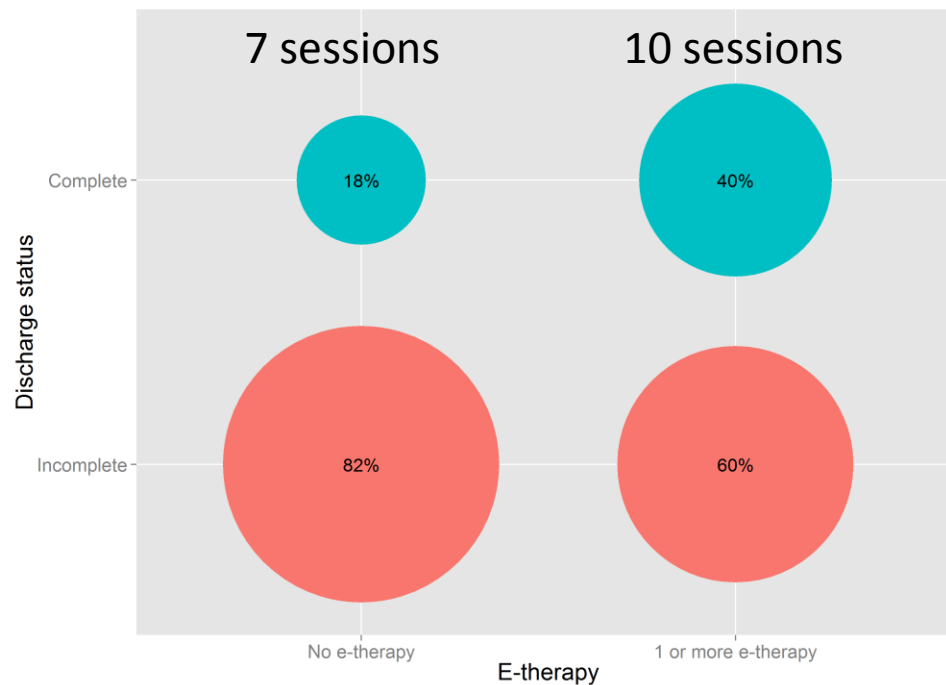


Number of services by those who received 4 or more services

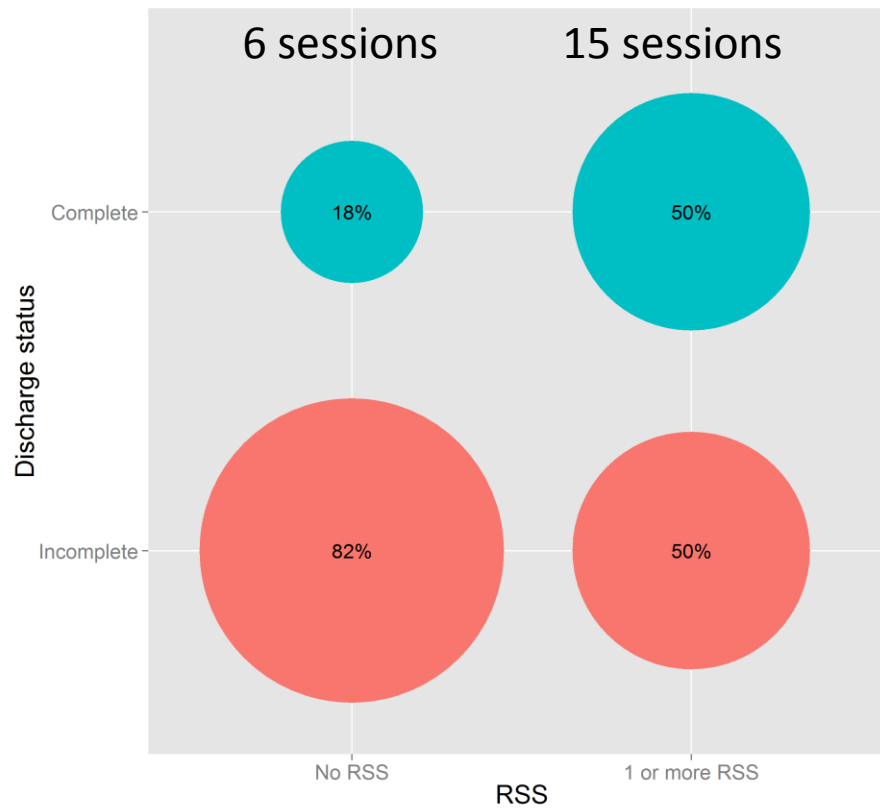


Factors Related to Outcome

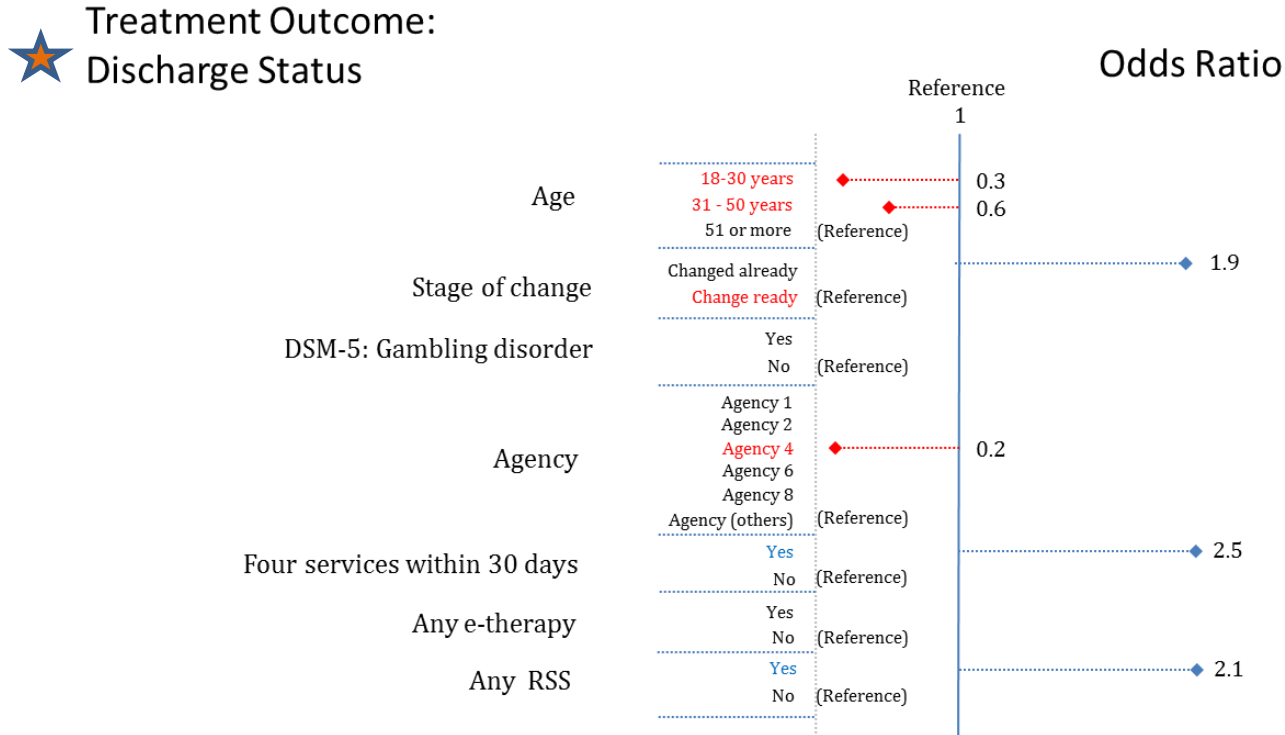
★ E-therapy



Factors Related to Outcome



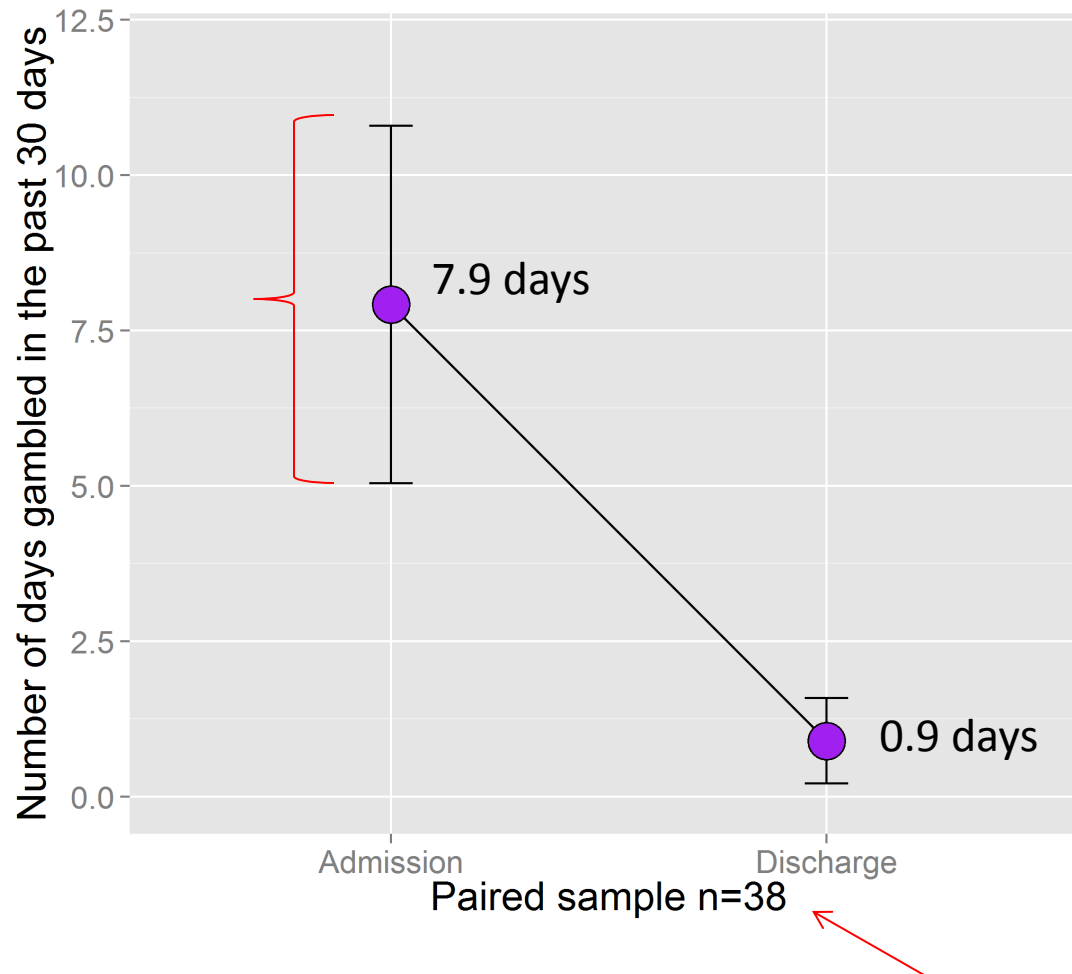
Factors Related to Outcome



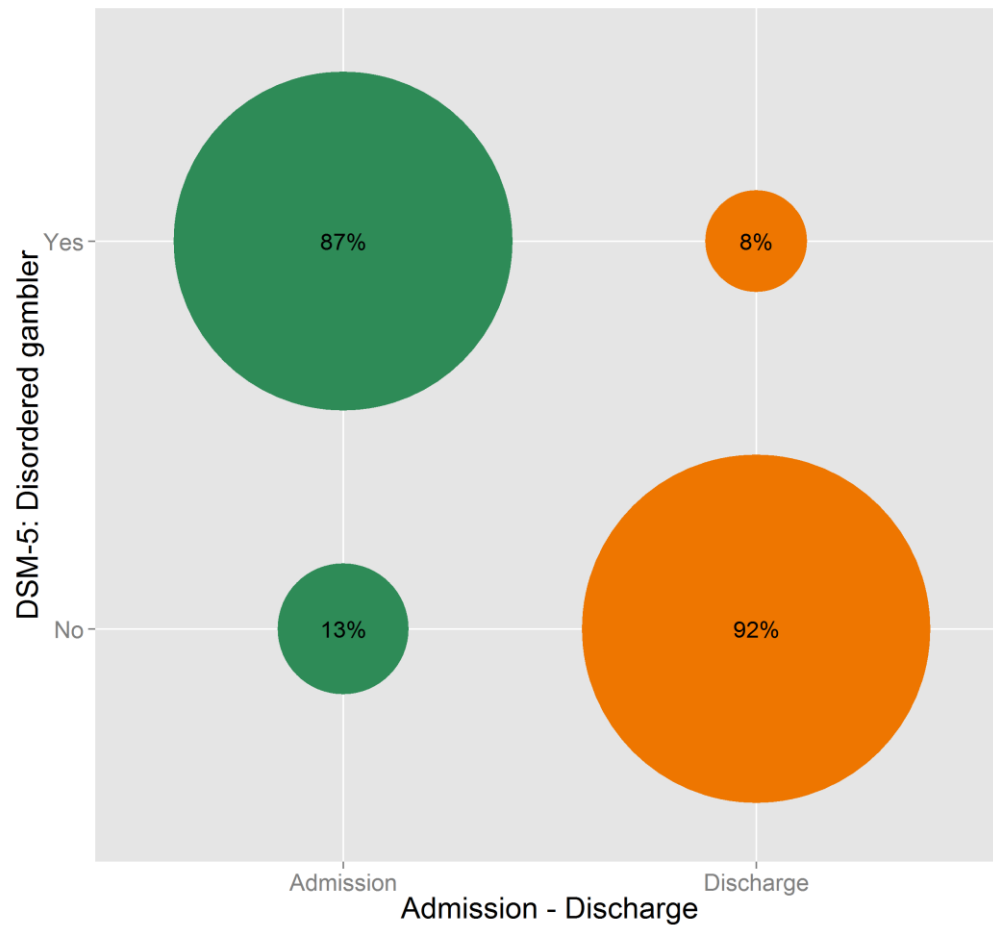
Factors Related to Outcome

	Length of the services	Unstandardized Coefficients		p
		β	SE	
	β_0	1.205	0.204	
+	Male	0.163	0.080	0.042
+	Suicidal	0.227	0.102	0.027
	Agency			
-	Agency 4	-0.308	0.143	0.032
+	Agency 6	0.596	0.144	0.000
+	4 + services within 30 days (Yes)	0.969	0.089	0.000
+	Any RSS count	0.627	0.101	0.000

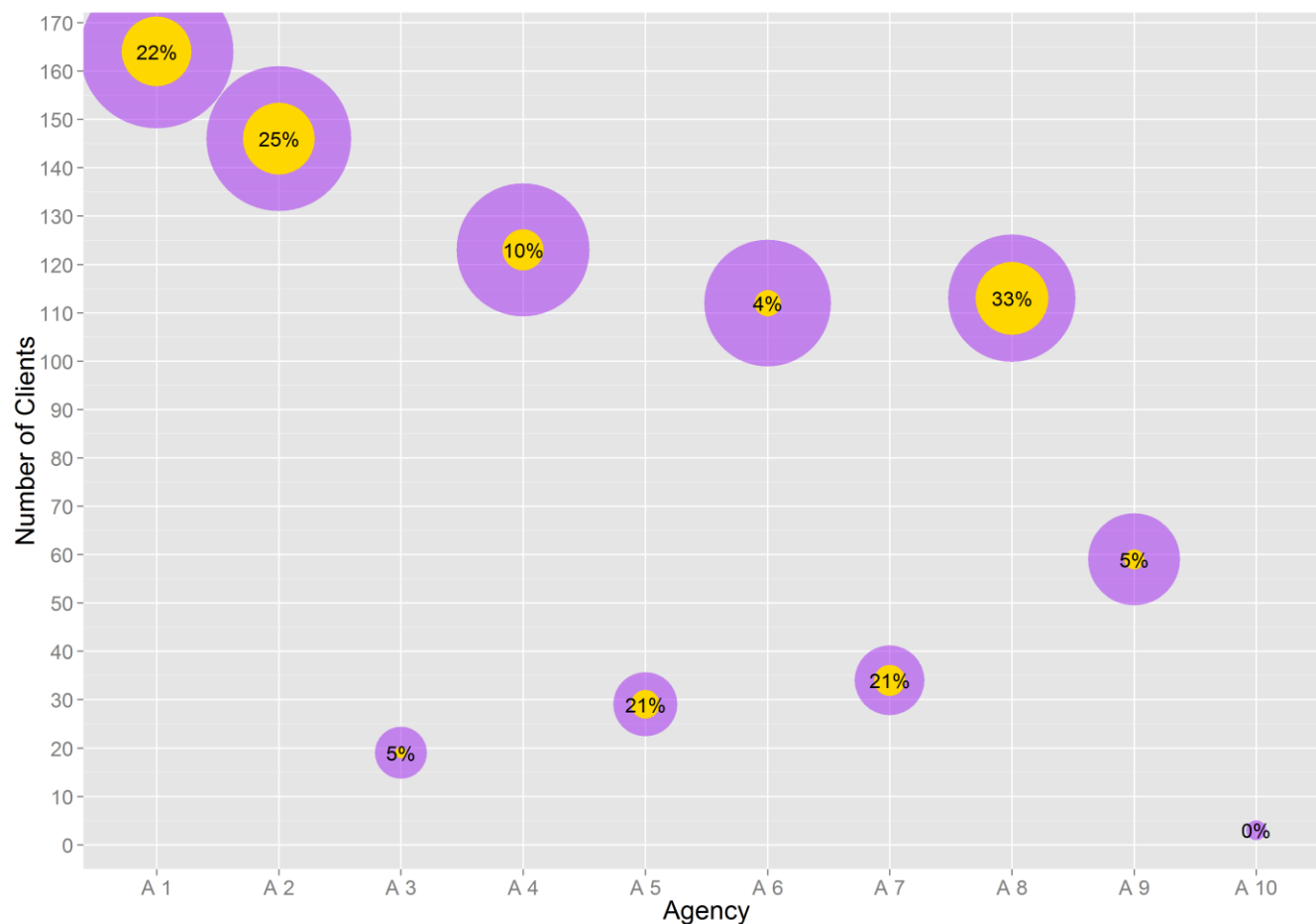
Paired sample analysis



DSM-5 classification (n=39)



6 months follow up



141 clients in the 6 months follow up data.

81 of them were those who left treatment

The demographic characteristics similar the clients in admission

Rating of the services

Discharge status by rating of treatment

		Incomplete n=81	Complete n=60
Rating of treatment received	Excellent	36%	53%
	Good, fair, poor	64%	47%

$*p = .038$

Rating of the services

LOS by rating of treatment

		Average number of hours	Average number of services
Rating of treatment received	Excellent (n = 61)	25 hours	25
	Good-fair-poor (n = 80)	14 hours	16

$*p = .000$

Rating of the services

Rating of treatment by number of e-therapy services or RSS received

		E-therapy*		RSS**	
		No e-therapy n = 55	1 or more e-therapy n = 86	No RSS n = 91	1 or more RSS n = 50
Rating of treatment received	Excellent	33%	50%	34%	60%
	Good-fair-poor	67%	50%	66%	40%

* $p = .038$, ** $p = .003$

Rating of the services

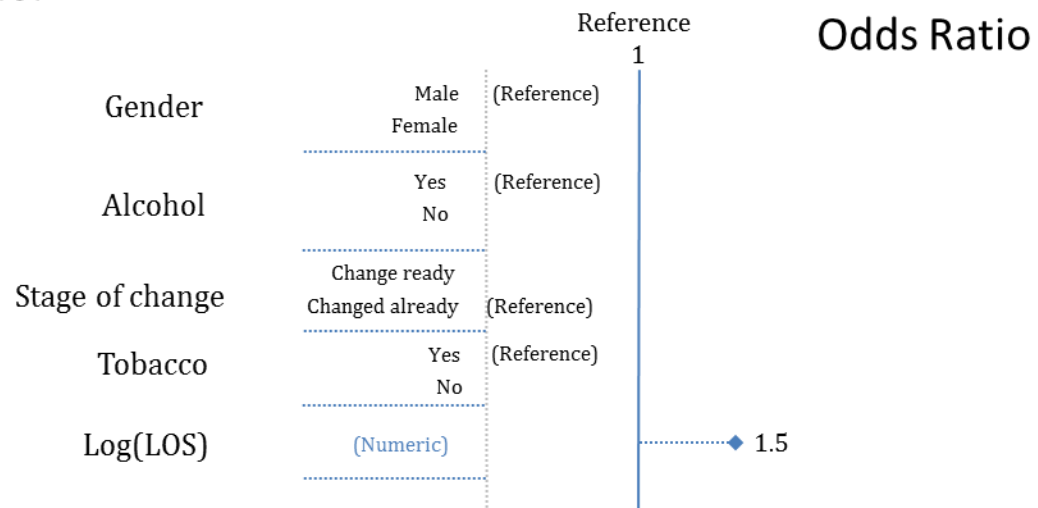
Disordered gambling diagnoses by discharge status

		Incomplete n = 81	Complete n = 60
DSM-5 Gambling disorder	Yes	27%	15%
	No	73%	85%

$p > 0.05$

Factors Related to Satisfaction

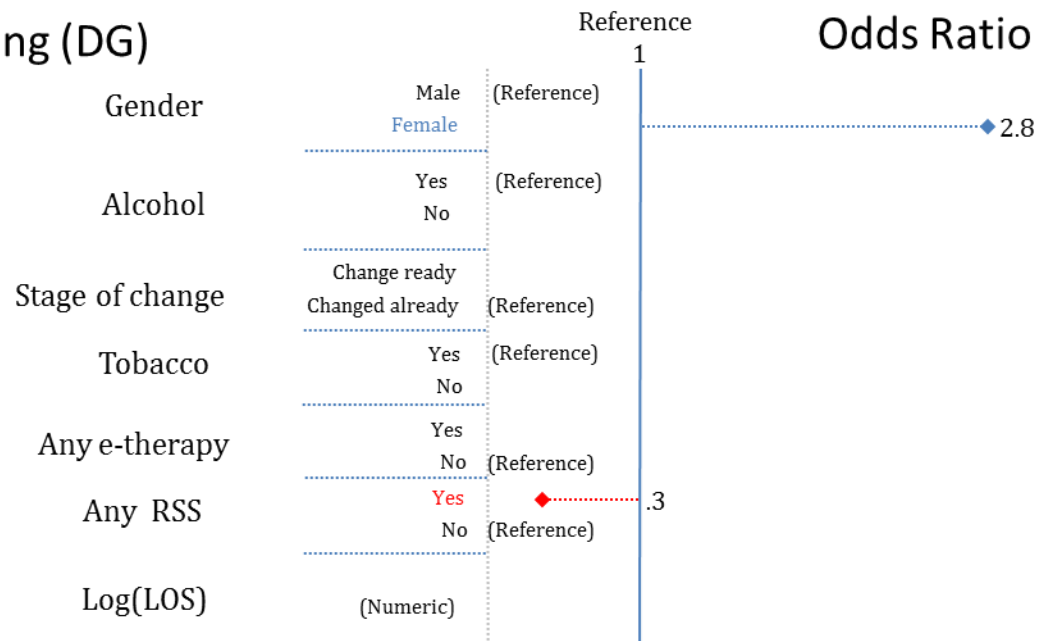
Treatment Outcome:
Satisfaction (ST)



Factors related to DG classification

Treatment Outcome:

Disordered Gambling (DG)



QUESTIONS?



Center for Social and
Behavioral Research

Treatment Outcome



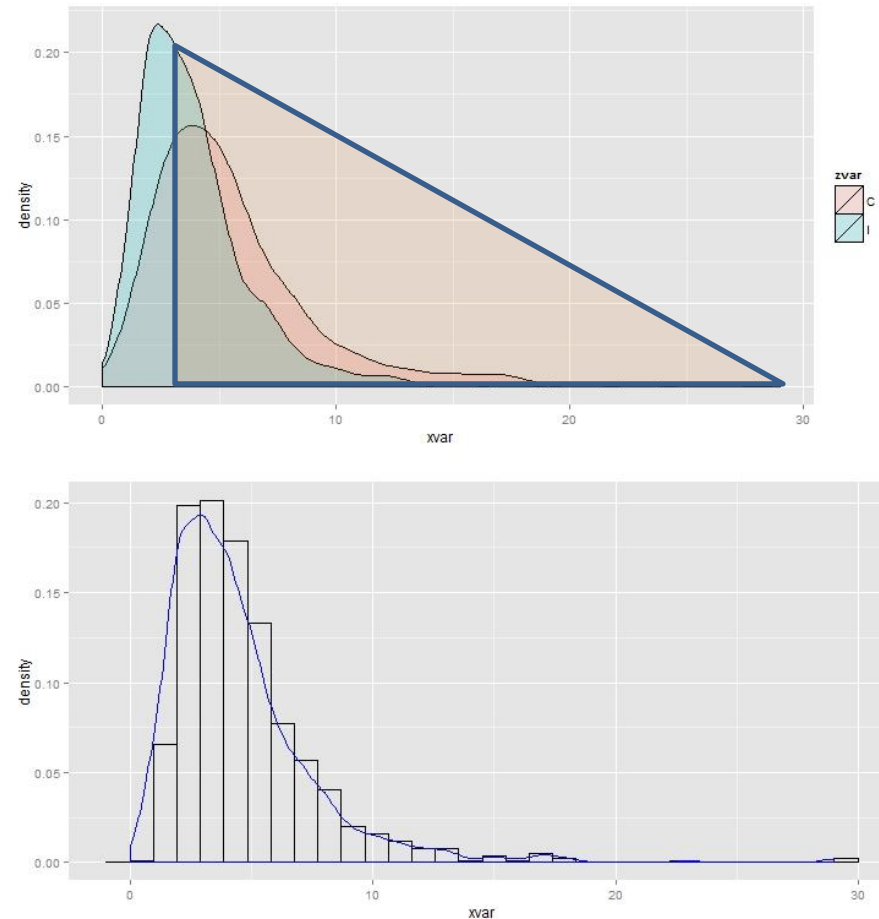
30 Day Follow-up

Problem Gambler 30 Day Follow-up

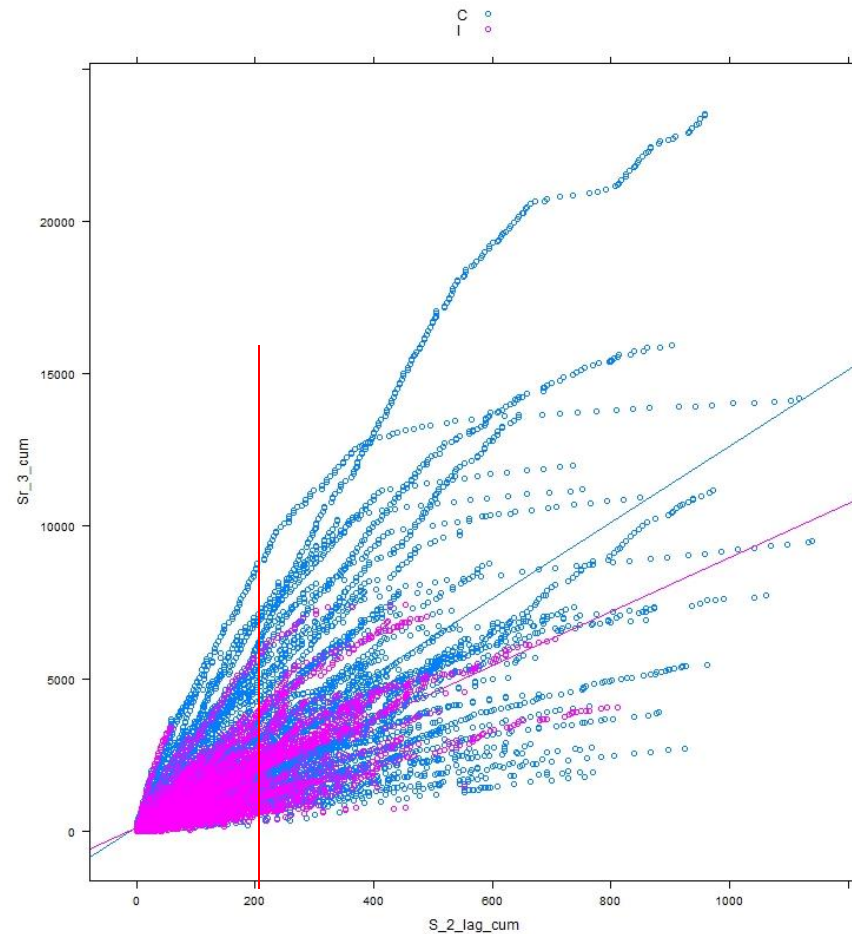
SFY	Completed	Admissions	%
2012	99	365	27.12%
2013	79	323	24.46%
2014	130	275	47.27%
2015	113	254	44.49%
Totals	421	1217	34.59%

Why 30 days follow up?

- 600 admissions in 2 years
- More than 50% do not complete (>300)
- Some of them are assessed in 6 month FU (about 80)
- So, there are more than 200 clients who have only admission (and service) without any measure of change
- With one month FU we would expect to cut in half to people with no second assessment



Clients' in services



QUESTIONS?

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Center for Social and
Behavioral Research

Treatment Outcome



www.1800BETSOFF.org

Enhancement Update

- ◎ Visionary has been busy on updating/enhancing the BETS OFF website
 - Responsive Design
 - Updated Security
 - Improved Facility Locator
 - Visitors can send inquiries directly to IGTP Funded providers
 - Choices Assessment

I-SMART Enhancements

- Release 18.0
- Quarterly Provider Report
- Streamlined 30 Day Follow-up (October)

IGTP Manuals

- I-SMART Problem Gambling Domain Data Entry User Guide and Manual
- Data Integrity Reports Manual
- Recovery Support Services (RSS) Manual

IGTP Prevention & Treatment Updates

- ADDS
- CFR
- Compass Pointe
- EFR
- Heartland Family Service
- Jackson Recovery Centers
- Prelude
- PGRS/NCCG
- Pathways
- Prairie Ridge
- SASC